

LOTUS KIDS YOGA CAMP

SUMMER 2007 

Lotus Yoga Summer Camp will take place during the month of July and will be taught by Jennifer Kohl, Kanan Kapila, Jennifer Fowles, and Ciru Karanja. Each class will be held from 1:30 to 3:30 PM, Monday thru Friday and will include:

Yoga postures, dance, music, storytelling, arts & crafts, and games. Each child will be given a journal that they can write in, draw in, or just put stickers in and each class will end with journaling and final relaxation. A healthy snack will be served each day. Activities and discussion topics are planned specifically for each age group all with the same intention - to open our bodies, minds, and hearts in an interesting, fun-filled, creative and cooperative way.

July 9 – July 13 - Kids Yoga Camp (Ages 6 – 10)
Monday – Friday from 1:30 PM – 3:30 PM
Taught by Kanan Kapila, Jen Kohl & Jen Fowles
Cost \$125 plus \$15 materials fee

July 16 – July 20 - Kids Yoga Camp (Special needs kids of all ages)
Specifically for kids with developmental disabilities
Monday – Friday from 1:30 PM – 3:30 PM
Classes taught by Jennifer Kohl & Jennifer Fowles
Cost \$125 plus \$15 materials fee

July 24 – July 28 – Pre-teen and Teen Camp (Ages 11 – 17)
Monday – Friday from 1:30 PM – 3:30 PM
Classes taught by Ciru Karanja & Jennifer Kohl
Cost \$125 plus \$15 materials fee

Due to the high level of interest in this program, early registration is strongly recommended. Space is limited to 12 students per class. To register, please fill out the form below and drop off or send along with a check for \$140 made payable to Lotus Yoga to:

Lotus Yoga 3 Midland Avenue Montclair, New Jersey 07042
Attn: Kids Camp

If you would like to talk with someone about the camp, please call Jennifer Kohl, Director at Lotus Yoga. Telephone: 973.783.5060 or email info@lotusyogamontclair.com

Lotus Yoga Camp Registration
July 2007

Child's Name: _____ Child's Age: _____
Parent's Name: _____
Address: _____

Home Phone: _____
Parent's Cell: _____

I am signing my child up for the following session (please circle):

July 9 – 13 July 16 – 20 July 24 – 28

My child is allowed to have a snack during camp: Yes _____ No _____

Please list any food allergies, medical conditions, or developmental issues that your child may have so that we can best serve his or her needs:

Please list an additional emergency contact in the space below. Include their phone number and their relationship to your child.
